

Proclaiming Evidence for Truth
THIS WEEK'S CREATION MOMENT

The Double Life of the Hummingbird

*I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.
(Psalm 4:8)*



You might guess that the hummingbird, darting around from flower to flower with wings beating some 60 times a second, must burn a lot of energy to keep going. If a 65-pound boy burned up energy at the same rate, he would eat 100 pounds of chicken every day!

The fact is, the hummingbird will die if it goes for more than two hours without eating. You might wonder, if the hummingbird cannot go more than two hours without eating, when does it sleep? The fact is, the hummingbird does sleep a good eight hours every night. How does he do it?

God has given the hummingbird a most remarkable metabolism. During the day, the hummingbird's heart must beat 10 times every second as it keeps its incredibly fast metabolism going. But when it goes to sleep, the hummingbird's heart slows down to less than one beat per second – about the same as ours. And to further slow his metabolism, the hummingbird's normal daytime temperature drops from 100 (F) degrees to the same temperature as the night air – 50 or 60 degrees. This drop in temperature would kill most warm-blooded animals. But all of this enables the hummingbird to go without food for a good eight-hour sleep.

The hummingbird provides more than enough evidence that the Creator really does care for His creatures, even when they are asleep.

Ref: Bob Devine, Uncle Bob's Animal Stories (Moody Press, Chicago, IL), pp. 38-39. Photo: Pixabay

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Memorial Baptist Church



February 19, 2023

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This Week at Memorial

Sunday, February 19, 2023

8:45am - 9:45am - Discipleship Classes

10:00am - Worship

2/25 - Student Activity - Trampoline Park

A Look Ahead

2/26 - James Pope being Baptized

3/5 - Breakfast

3/5 - Upward Celebration

3/5-12 - Annie Armstrong Week of Prayer

3/12 - Guest Speaker - Matt Hess

3/12 - Daylight Saving Time Begins

3/17 - L.I.F.T.

3/18 - Student Activity - Paintball

Thank you for joining us for worship today. If you are visiting or have any prayer needs, please fill out an MBC Connect Card and place it in the offering plate.

Week of February 19, 2023

Joy Junction

8:45am - Ben & Kim S.

10:00am Svc. - Julie & Lyndsey S.

Wed. - **February 22** - Cindy S.

Junior Church

Chris S. - Laura S.

Wed. February 22 - Kids Connection

Amy Johnson - Ryan Gerling

Usher Ministry

8:45 - **Sunday School** - Steve G.

10:00am - **Chris S.**, Ed S., Lester O.

Wed. - **February 22** - Jim F.

Week of February 26, 2023

Joy Junction

8:45am - Cindy S.

10:00am Svc. - Ben & Kim S.

Wed. - **February 29** - Chris S.

Junior Church

Brenda K. - Mariah R.

Wed. February 29 - Kids Connection

Amy Johnson - Ryan Gerling

Usher Ministry

8:45 - **Sunday School** - Kevin M.

10:00am - **Jesse W.**, Tim R., Curtiss C.

Wed. - **February 29** - Ryan W.

Student Activity - Trampoline Park

The students will be going to the Sky Zone Trampoline Park in Fenton Saturday, February 25 for the cost of \$20. (Please eat before you come.) The bus will leave the church at 5:15pm and return at 9:15pm.



Annie Armstrong Week of Prayer

March 5 begins the week of prayer for North American Missions. We will have a special guest speaker, Matt Hess, church planter leader for the SBC Send Network in St. Louis

Kentucky Mission Trip March 28 - April 2

The Mission Committee wants to invite you to come serve the Lord in McDowell, KY as we serve over 500 kids and their parents at an Easter block party and other serving projects. Cost is \$200. Contact Pastor Nathan if you are interested.

Join us for Wednesday Night Service!

Pastor Pat will be teaching in a classroom setting, and we have tons of other activities! at 6pm the students gather in the FLC for a time of fellowship and preparing buddy bags for local children. At 7pm they have a time of studying the book of Galatians. Kid's Connection is at 7pm in the Family Life Center.