



# Sunset on Sunset 5k Walk/Run



- When?** Sunday, July 31, 2016  
5k Race starts at 7:15 p.m.
- Where?** Start and finish at memorial Baptist church,  
205 Sunset lane, new haven, Missouri
- Food?** Ice cream social to follow 5k race
- Shirts?** Shirts guaranteed to all registered by July 15
- Awards?** 1<sup>st</sup> Male Overall, 1<sup>st</sup> Female Overall, Top 3 Finishers  
in each male and female age division:  
13 & under, 14-20, 21-30, 31-40, 41-50, 51-60,  
61+
- Why?** All proceeds benefit Care 4 Ghana Medical mission  
trip
- How?** To register, Complete form below & mail to: memorial Baptist  
church (205 sunset lane, new haven, mo 63068) by July 13.  
Race day registration possible, but t-shirt not guaranteed.  
Questions Contact Hannah Kruse at 573-237-5935.

## Sunset on Sunset 5K Walk/Run

**\$20/person if registered by July 15. \$25/person if after deadline.**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Gender: M F Age on race day: \_\_\_\_\_ T-Shirt Size: YS YM YL AS AM AL AXL (Shirt Sizes limited after July 13<sup>th</sup>)

Make Checks Payable to **Care 4 Ghana** Held Rain or Shine, **No Refunds will be Given—Thanks for the Donation**

Please Note: This is an evening run. **If possible, wear light-colored or reflective clothing** to maximize visibility and keep everyone safe! It is an open run. Please **be courteous to traffic.**

Waiver of Liability: In consideration of this entry, I the undersigned, intending to be legally bound hereby for myself, my heirs, Executors and administrators waive and release any and all rights and claims or damages I may have against Care 4 Ghana, Memorial Baptist Church, and their representatives, successors and assigns for any and all injuries suffered by me in said event.